



Physical Education at Abbey Hulton Primary School

Reviewed September 2024

It is our intent at Abbey Hulton Primary School that all of our pupils will not only thrive in PE lessons but enjoy them and understand the benefits of physical activity in promoting positive mental and physical wellbeing. This is crucial now more than ever following the national lockdown in response to the global pandemic. We knew that many of our pupils could not participate in sports during this time and the situation was even harder for children without gardens or easy access to public parks and open spaces whereby exercise could take place.

We collectively reflected on our vision for PE following the lockdown and have the following aims for PE here at Abbey Hulton Primary School. Firstly, we want our children to be **physically and mentally healthy** and we believe that their journey towards this begins within the Foundation Stage. We want our pupils to **enjoy PE** and see the **benefits of making healthy lifestyle choices**. We ensure that clear links are made between the PSHE school framework and PE when focusing on this. We want to teach children **how to**



cooperate and collaborate with others, as part of a team, understanding fairness and equity of play to embed life-long values. This is something we felt needed further exploration, especially following the pandemic and time away from others. Lastly, we want children to **gain confidence in their abilities** and we meet this not only through delivery of the National Curriculum PE aims but through carefully organised competitions both in school and out of school, alongside the opportunity to participate in extra-curricular activities after school. We know that cultural capital promotes

mobility and success and helps children to achieve goals and become successful. We believe that the PE opportunities that we offer as a school help to promote these things.

Teaching staff have been accessing Get Set 4 PE for a few years and this scheme of work is thoroughly embedded in our practise. It was initially trialled very successfully following staff and pupil voice and we started to use the platform in 2020. We received Gold Award for our commitment to providing our pupils with opportunities to participate in virtual PE during the lockdowns and this is an achievement that we are very proud of. Teaching staff are able to use the platform to readily participate in CPD sessions to strengthen their teaching and knowledge of the subject.

Our Curriculum- Teaching and Learning

Our PE lessons are planned using the Get Set 4 PE platform, which aligns with our core values, our whole child approach to PE and the objectives laid out in the National Curriculum. Get Set 4 PE is planned so that progression is built into the scheme which ensures our children are increasingly challenged as they move up through the school. The curriculum planning in PE is carried out in three phases (long-term, medium-term and short term). The long-term plan maps out the PE activities covered in each term during the key

stage. Our medium-term plans give details of each unit of work for each term. These schemes of work provide an overview of the unit, links to other areas of the National Curriculum and assessment criteria for that unit. The short-term lesson plans provide opportunities for children of all abilities to develop their skills, knowledge and understanding in each activity area.

To enhance our PE curriculum, we work with outside agencies to strengthen physical development and build on memorable learning experiences for our pupils. We have been fortunate enough to work with the likes of **Forest Schools** and **Staffordshire Wildlife Trust** over the years which has helped to foster a love of learning outdoors and we saw the benefits of this for our pupils following the school closures. We have also worked with **Chance to Shine** who have taught cricket in school and run a successful after school club. Our pupils look forward to learning how to ride a bike and we work with **Bikeability**, the government's national cycling training programme. This provides our pupils with skills for life. Our close partnership with **Bee Active** is strong and has continued over the years. Bee Active have provided high quality CPD to teaching staff and support staff and play a central part in designing our extra-curricular provision which includes before and after school, well targeted sports provision to pupils.

Swimming Lessons

All of our Key Stage 2 Pupils in Year 5 and 6 attend weekly swimming lessons at the local swimming baths. We are proud of our swimming attainment, this can be found within the impact section of this report.

PE in the EYFS- Building Strong Foundations

We encourage the physical development of our children in our Nursery and Reception class as an integral part of their work. As these classes are part of the Foundation Stage of the National Curriculum, we relate the physical development of the children to the objectives set out in the Early Learning Goals, which underpin the curriculum planning for children aged three to five years of age. We encourage the children to develop confidence and control of the way they move, and the way they handle tools and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills. Children in the Foundation Stage are encouraged to learn in a very active and playful way daily but a dedicated PE lesson takes place weekly for these children too.

Extra-Curricular Provision

Our extra-curricular provision incorporates a variety of exciting sports to ensure that children meet the goals set out in our vision for PE. We provide opportunities for all children across the school to engage in extra-curricular activities before, during and after school, in addition to participating in competitive sporting events throughout the school year. Examples of exciting clubs that have taken place last year include archery, multi sports, laser tag and dance. We also have a school football team lead by a dedicated member of staff. Our team are well respected by local schools. We play in the schools league and have enjoyed competing and training together on a weekly basis. Our current clubs with Bee Active run twice a week, as well as football club.

School Games Mark and Competition

We celebrate competitive success in one another's achievements whilst also embracing the importance of teamwork. Our school teams houses are **Zeus (red)**, **Neptune (blue)**, **Ra (yellow)** and **Thor (green)** and these teams are used during intra school competitive sports events and competitions. We hold a whole school sports day every year during the Summer Term and parents are invited into school to watch their children compete and take part in events. This is a real highlight of the school calendar. We are proud to be showcasing our new sports pitch that we have invested in this year. This is having a positive impact on PE within school.

The **School Games Mark** is a government led awards scheme launched in 2012 to reward schools for their commitment to the development of competition across their school and into the community. Participating in this process allows schools to evaluate their PE provision and assists them in developing an action plan for future progress. We are proud to report on the following awards for our dedication to School Games:

2016-18- **Gold Status**

2017-18- **Gold Status**

2018- 19 **Gold Status**

2019-20- on hold- Gold for our commitment to providing Virtual PE opportunities to children during the lockdowns

2020-21- **Gold Status**

2021-22- did not apply for status

2023/23- **Gold Status**

2023-2024 – **Gold Status**



Assessment

Assessment of PE takes place each half term. Our teachers assess the children's work in PE, both by making informal judgements, as they observe them during lessons, and through assessing against the specific objectives set out in the National Curriculum and recorded using the Get Set 4 PE assessment software. We have clear expectations of what the pupils will know, understand and be able to do at the end of each Key Stage. Teachers are supported with resources to know how to prepare children for their next phase of education. These resources include the Get Set 4 PE progression of skills document, progression ladders and knowledge organisers.

Monitoring and Reviewing

The planning and coordination of the teaching of PE is the responsibility of our subject leaders, who:

- Supports colleagues in their teaching, providing a strategic lead and direction
- Evaluates the strengths and areas for development in the subject through observations alongside staff and pupil voice
- Reviews pupil attainment and action points to strengthen the subject across the school

We know that our dedication towards PE is having a positive impact upon our Pupils. Pupil voice shows that children look forward to and enjoy PE lessons. Staff CPD is helping to develop teacher's confidence and enable a deeper understanding of the progression of skills across the phases.

We have ensured that all children, including our less active children and those with special educational needs, are encouraged to attend extra-curricular activities and participate in competitive sports.

Our playground leaders have been trained to deliver physical activity challenges at playtimes and lunch times and this has promoted leadership skills for individuals as well as encouraging more physical activity at recreational times.

Staff feel confident in teaching PE and the new platform that has been invested in has helped to strengthen and secure this confidence. The platform has also improved how progress within the subject is tracked across school.

Our KS2 football team are extremely proud of their achievements on the field and we have celebrated a great deal of success in football tournaments over the past three years. The profile of PE and sport continues to be raised in school and it is hoped that a sports council can be established this year.

Previous data relating to swimming attainment at the end of Key Stage 2 can be found on our website. You can also find a statutory report detailing how the sports premium has been allocated and used effectively this year. Our PE data



Swimming Attainment 2021-22



Meeting national curriculum requirements for swimming and water safety	Please complete all of the below*:
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	70%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	70%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	60%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	No

Swimming Attainment 2022-23

Y6 Swimming Data 2022-23	
Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	80%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	80%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	45%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	No

Swimming Attainment 2023-24

Y6 Swimming Data 2023-24	
Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	39%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]? Please see note above	39%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	33%
Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes/ No