

Faith Calendar Dates

Bodhi Day
Painirvana
Magha Puja
Holi
Elephant Festival

Festivals:

Wesak (Buddah Day): celebrated in May or June, when Buddhists remember the Buddha's birth and his Enlightenment. People decorate their homes with flowers or streamers, meditate, make offerings at the vihara and may exchange cards (decorated with pictures of lotus blossoms of the Buddhist dhamma wheel with eight spokes) or small gifts.



Places of worship

Buddhists worship at shrines at home and in temples and in monasteries (viharas). Calm, peaceful and shady gardens are important areas in monasteries.



Vocabulary

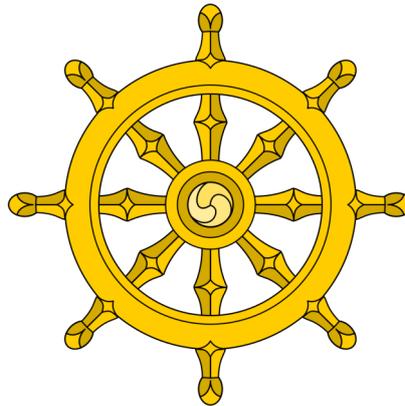
Buddhist Buddhism shrine temple
Siddhartha

Belief

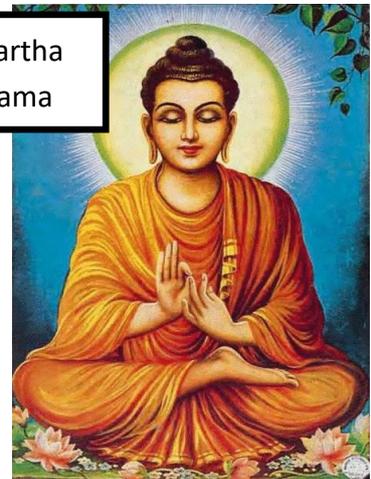
Buddhism began in India about 2,500 years ago. It is the fourth-largest religion in the world.

A Buddhist is someone who follows the teachings of a man called Siddhartha Gautama (or Siddattha Gotama), who became known as the Buddha. Buddhists do not believe in a God who created the world and everything in it.

KS2



Siddhartha
Gautama



Cycle of life and death

Buddhists believe in a constant cycle of life and death, and that people will be reborn after they die unless they reach Enlightenment and reach nirvana.



Buddhist shrine.



Meditation is a very important part of Buddhism. Through meditation, Buddhists believe they can calm and clear the mind, making it peaceful.

In Buddhism, the lotus flower is a symbol of enlightenment, which means seeing things as they really are.



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Wesak (Buddah Day)



Places of worship

Temple



Vocabulary

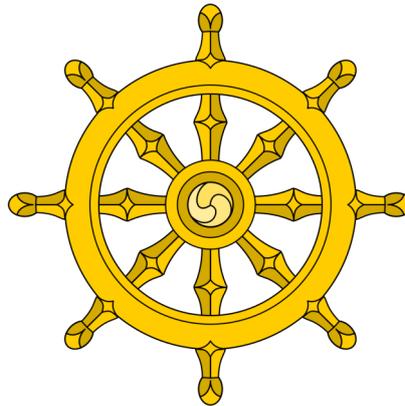
Buddhist Buddhism
shrine temple

Belief

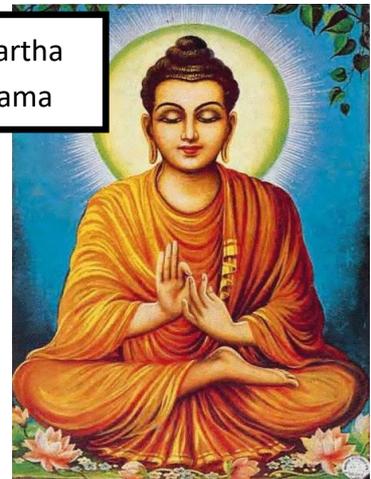
Buddhism began in India.

Buddhists do not believe in a God who created the world and everything in it.

KS1



Siddhartha
Gautama



Cycle of life and death

Nirvana is a place of perfect peace and happiness, like heaven.



Buddhist shrine.



Meditation is a very important part of Buddhism. Through meditation, Buddhists believe they can calm and clear the mind, making it peaceful.

Lotus flower



Puja - Buddhist worship or practice and the offering of flowers, lights and incense